Pierogies



STEP ONE: MAKE THE DOUGH

DOUGH

- 2 cups all-purpose flour
- 1/2 teaspoon salt
- 1 large egg
- 1/2 cup sour cream
- 4 tablespoons butter at room temperature
- 1. In a medium mixing bowl combine the flour and salt.
- 2. Next work in the egg until evenly combined and the mixture is clumpy.
- 3. Add the sour cream and softened butter to the dough and work it together until if forms a sticky ball.
- 4. Transfer the dough to a counter top and knead
- 5. Wrap the dough in plastic wrap and chill for 1 hour.

STEP TWO: MAKE THE FILLINGS

(potato and cheese, potato and onion, and blueberry)

POTATO & ONION

- 1 pound cooked potatoes, mashed
- 1 medium onion, diced
- 1 tablespoon oil
- 2 teaspoons salt
- ½ teaspoon black pepper
- 1. Dice the onion. Heat the oil in a large frying pan, cook the onion over medium-low heat for about 10 minutes until translucent.
- 2. Combine the potatoes with onions, season with salt and pepper. You can do it with your hands or with a spoon.

POTATO & CHEESE

- 1 pound cooked potatoes, mashed
- 1 medium onion, diced
- 1 tablespoon oil
- 9 ounces Farmer's cheese
- 2 teaspoons salt
- ½ teaspoon black pepper
- 1. Dice the onion. Heat the oil in a large frying pan, cook the onion over medium-low heat for about 10 minutes until translucent.
- 2. Combine the potatoes with cheese and onions, season with salt and pepper. You can do it with your hands or with a spoon.

BLUEBERRY

- 1 1/2 cups (225g) blueberries
- 2 tablespoons sugar
- 2 ½ tablespoons corn starch or flour
- 1. In a medium bowl, stir the blueberries with sugar and flour/corn starch.
- 2. Set aside.

STEP THREE: SHAPE AND FILL PIEROGI

- 1. Divide the dough into 2 parts.
- 3. Roll out the first part of the dough on a lightly floured surface. Cut out rounds with pierogi cutter/biscuit cutter. The dough should be rolled out thinly. If the dough is hard to roll out, set it aside for about 5-10 minutes to rest.
- 4. Gather scraps, cover with plastic wrap and set aside.
- 5. Scoop some filling with a teaspoon and place on each round.
- 6. Fold the dough over the filling to create a half-moon shape. Press edges together, sealing and crimping with your fingers.
- 7. Place the pierogi apart on a towel lightly sprinkled with flour, cover loosely with a kitchen cloth so they don't dry out.
- 8. Repeat with the remaining dough.

STEP FOUR: COOK PIEROGI

- 1. Bring a large pot of salted water to a boil.
- 2. Cook the pierogi in batches about 5-6 dumplings at a time. When they float to the water surface cook them for 1-2 minutes, then remove from the water with a slotted spoon. The cooking time will depend on the thickness of the dough.
- 3. Drain well and transfer onto a plate.
- 4. Savory: Saute in additional butter and sauteed onions.
- 5. Fruit: Serve them with lightly sweetened whipped cream or plain yogurt.